City of Dublin
RECREATION SERVICES

Kidzone Camp News

WEEK 3: JUNE 24—28, 2013

Weekly Theme:

Everyday Heroes

Kidzone Supervisor:

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Kidzone Camp Rules

RESPECT YOURSELF AND OTHERS!

1. Listen and follow directions given by all camp counselors.
2. Keep your hands, feet, and body to yourself.
3. Stay within a counselor's eyesight.
4. Participate, do your BEST and show a positive attitude!
5. Work together and be kind.
6. Make safe choices and HAVE FUN!

Old T-Shirt Needed!

Each child needs to bring in an old t-shirt that can be cut on and colored—preferably a shirt larger than the child to make a cape. Please bring it in by Wednesday with the child's name on it.

The sign in and out table is located outside Classrooms A&B

Sign in begins at 9 a.m. (**no early drop offs**)

Sign out takes place between 3:30 & 4 p.m.

Please remember your valid photo ID **EVERYDAY** for sign out.

www.DublinOhioUSA.gov

Have you submitted your child's online Health Care Form? Please remember that we must have this form or your child is not able to come to camp! Form information is available at: www/dublinohiousa.gov/recreation/camps

Swimming Schedule:

Kidzone Camp swims every Wednesday at the DCRC indoor pool from noon—2 p.m.

What to Bring to Camp...

LUNCH—Send a healthy, substantial lunch with your child that DOES NOT REQUIRE REFRIGERATION. We do not have access to microwaves or refrigerators during the program. Pack a little bit more than you would an average school lunch since the children are more active, and get more hungry.

WATER BOTTLE—Please send a refillable water bottle with your child. It is important to keep them hydrated and water does the best job.

SWIMSUIT & TOWEL—**(Wednesday only)** Please send a swimsuit, towel, and any other necessities (goggles, etc) that your child needs for the pool.

APPROPRIATE PLAY CLOTHES & SHOES—We will be playing mainly outdoors (weather permitting) so make sure to dress your child in clothing that is comfortable for outdoor play. **Please send your child in tennis shoes**! Crocs, sandals & flip-flops are not appropriate for active play and put your child at a higher risk for an accident or injury.

BACKPACK/BAG—Please put all of your child's things, plus any extras they may need, (hat, extra socks, sweatshirt, etc) in ONE BAG that is clearly marked with your child's first and last name. **LABEL ALL OF YOUR CHILD'S ITEMS.**

SUNSCREEN—We ask that you have sunscreen **already applied** to your child when you bring them to camp each morning. In addition, you will need to send a bottle of sunscreen SPF 20 or higher. We have the children re-apply sunscreen throughout the day—please **DO NOT** send spray bottles of sunscreen.

Highlights for the week:

CRAFTS!	OUTDOOR FUN!	GAMES!
*Superhero Capes	*Blind Obstacle Course	*Cops & Robbers
*Sand Art	*Forts	*Line Tag
*Candy Buildings	*PH Science	*Fire & Ice
		*Jailbreak

Friendships & Conflict

It is wonderful to see children seek out friends each day, but it is also natural for some personalities to clash while spending five days a week together. Your child will probably share both the positive and negative events of the day with you in the evening. Conflicts at camp usually last less than five minutes, but can leave a lasting impression. Children may want to revisit upsetting events from the day, needing parents to listen to what happened. It may be difficult to hear your child was upset, but please remember conflicts are where children learn to deal with adversity & cope with disappointment—two crucial, lifelong skills.